



PREMIER PHYSICAL THERAPY & SPORTS PERFORMANCE

*Tim Kuhn, DPT, CSCS, CAFS • Chris Amundson, DPT, CAFS • Eric Martineau, DPT
Marc Magstadt, MPT • Shane Collins, DPT • Austin Aranda, DPT • Jacquelyn Nemedez, DPT*

Welcome!

We are pleased that you have selected Premier Physical Therapy & Sports Performance (PPT) for your rehabilitative care and physical therapy needs. Our goal is to have you pain free and functional again in as short of time as possible, but physical therapy is a process and based upon your diagnosis and current status, this process may take a few days or a few months. Please let us know how we can serve you best since you are the reason why Premier Physical Therapy & Sports Performance was founded. We hope you enjoy your time with us as we dedicate ourselves to helping you reach your full recovery potential.

Please fill out the attached forms legibly, accurately and completely. This information will be held in strict confidence in accordance with HIPAA as amended and is essential to ensure your understanding of our billing procedures, our determination of your physical therapy diagnosis and developing your complete, individualized, functional plan of care. You have access to your records upon request at any time (subject to record retention regulations). We will require five to ten business days notice to comply with your request fully.

Thank you!

The Premier Physical Therapy Team

Premier Physical Therapy & Sports Performance

*Tim Kuhn, DPT, CSCS, CAFS • Chris Amundson, DPT, CAFS • Eric Martineau, DPT
Marc Magstadt, MPT • Shane Collins, DPT • Austin Aranda, DPT • Jacquelyn Nemedez, DPT*

Commitment Agreement

All of us at Premier Physical Therapy & Sports Performance are dedicated to providing you with the best possible care and are excited about the opportunity to help you with your recovery. Education and experience enables our therapists to be sensitive to your specific needs and abilities and then adapt our interventions accordingly. Our physical therapy programs employ a balanced blend of manual therapy and functional/corrective therapeutic exercise specially designed to help you reach your specific goals by minimizing your pain and maximizing your recovery potential.

Physical therapy is a process much like taking antibiotics; once you start you need to finish the regimen before stopping the intervention to maximize your benefit and to minimize your chance of re-injury or flare-up. This process can take a few days or even a few months (dependent upon condition) for optimal results to be achieved and it takes dedication by both you and your PPT team to ensure maximum benefit. We have committed ourselves to you and ask that in return you will dedicate yourself to:

- Schedule appointments according to your doctor's prescription or therapist's discretion.
- Be consistent in your attendance by not missing scheduled appointments.
- Be dedicated to your home exercise program and self-treatment so that you can achieve the best possible result.

To assist you in your commitment, we offer lunch hour appointments, extended hours, and a willingness to adjust our schedule times to better serve you and your busy lifestyle. We are here to help you achieve the best possible outcome so please let us know how we can better serve you along the way.

Please sign below to verify your commitment to the process of physical therapy and dedication to your individualized program, as it is the most vital part in achieving the best result.

Name: _____ Date: _____

Premier Physical Therapy & Sports Performance (PPT) In Partnership with Fallon Physical Therapy

Patient Information

Please print all information in the spaces provided. Be sure to complete all applicable information.

Last Name _____ First Name _____ M.I. _____

Preferred Name _____ Male Female DOB _____ SS# _____

Status: Married Single Widow(ed) Divorced Minor Other Spouse Name: _____

Address _____ Apt# _____ City _____ ST _____ Zip _____

Home Number () _____ Work Number () _____ Cell () _____

Email Address _____

How would you like to be reminded of your appointments? Text E-Mail _____ Phone Call # _____ None

If patient is a minor, parent or legal guardian Full Name _____ DOB: _____

How did you hear about/referred to PPT? _____

Referring Doctor: _____ Phone () _____

Name and phone # of contact in case of an emergency _____

Insurance Information

Have you received any therapy/treatments this year, such as chiropractic, physical, occupational, or speech therapy? YES NO

Have you ever been treated for this injury in the past or have you made a claim under workers comp or an auto accident

for this injury YES NO

Primary Insurance

Insurance Company _____

Insurance Phone # _____ Employer _____

Claims Address _____

Name of Insured _____ DOB _____ Relationship to Patient _____

Insured ID # _____ Group Number _____

Secondary Insurance

Insurance Company _____

Insurance Phone # _____ Employer _____

Claims Address _____

Name of Insured _____ DOB _____ Relationship to Patient _____

Insured ID # _____ Group Number _____

If injury is a Workers Comp case or through a Lien, please complete the following:

Is your injury job related? **YES NO** Date of injury _____ Claim # _____

Insurance Company _____ Phone # _____

Name of Adjuster _____ Phone # _____

Is your injury due to a motor vehicle accident? **YES NO** Date of injury _____ Claim # _____

Is your injury due to a Premises Liability? **YES NO** Date of injury _____ Claim # _____

Is your injury due to an Assault? **YES NO** Date of injury _____ Claim # _____

Is your injury due to a Battery? **YES NO** Date of injury _____ Claim # _____

Insurance Company _____ Phone # _____

Attorney (if applicable) _____ Phone # _____

Premier Physical Therapy & Sports Performance (PPT)

Please Read & Initial All...

_____ **Cancellation Policy** We request that when possible you give us 24-hour notice if you need to cancel an appointment. We are flexible and understand that situations beyond our control do arise. We will work with you to get your appointment rescheduled without penalty if you call us prior to your appointment time. By initialing, you acknowledge that it is at our discretion to charge you a fee of \$85 if you “no call, no show” an appointment.

_____ **Financial Policy** I understand that I am financially responsible for all charges for services to me, including all deductibles, coinsurance and the balance remaining after payments of possible insurance benefits. I understand that when applicable, my payment portion is collected at the time services are rendered. I hereby authorize payment of medical benefits billed to my insurance to PPT. I hereby accept responsibility for payment for any service(s) provided to me which is not covered by my insurance. I also accept responsibility for fees which exceed payment by my insurance if PPT does not participate with my insurance. I agree to pay all copayments, coinsurance, and deductibles at the time the service is rendered. I understand that benefits quoted to me are only an estimate. I understand that it is my full responsibility to know and understand my health plan. I understand that PPT is not responsible for any inaccurate information they receive from my insurance company. I understand that it is my responsibility to obtain necessary referrals from my doctor prior to coming to PPT, if required by my insurance. I also agree to pay \$25 for any returned checks.

_____ **Collections** Any outstanding balance after 90 days of the date of service may be referred to an outside collection agency. Patient agrees to a collection fee of 33%, and any attorney fees added to the total balance due at the time of write-off, on any accounts referred to an outside collection agency or attorney.

_____ **Assignment of Benefits** I authorize payment of medical benefits to me or the names provided for professional services rendered by PPT.

_____ **Release of Information** I authorize the release of any medical information necessary to process this claim, in compliance with HIPAA guidelines.

_____ **Privacy Information** As required by law, I acknowledge that I have been provided access to the HIPAA guidelines as amended which are available at the PPT front desk.

_____ **Coverage Changes** I will notify PPT prior to my next visit of any change in my insurance to allow time for prior authorization and to obtain coverage information. Failure to provide this notice may result in you being responsible for the full charges up to the date you inform PPT of the change in insurance.

_____ **Personal Valuables/Dependents/Visitors** It is understood and agreed that PPT is not responsible for loss or damage to any personal valuables or properties. In order to maximize safety, if children are present, please keep them off the exercise equipment in order to prevent injuries. There may be exceptions, please ask if you have any concerns or questions. We will do everything possible to accommodate your schedule if you are a caretaker of small children.

_____ **Contact** You agree in order for us to service your account, collect any amounts you may owe or any other information regarding your treatment (including but not limited to appointments, insurance information, health care information, and/or balance forwards, etc.), we may contact you by telephone at any telephone number associated with your account, including wireless telephone numbers which could result in charges to you. We may also contact you by text messages or emails using any email address or any telephone number you have provided to us.

_____ **Authorization** If applicable, I authorize PPT to have full disclosure of any settlement agreement or disbursement sheet from my attorney in regards to the injury I am seeking treatment for.

Signature of patient or legal guardian/representative

Date

Premier Physical Therapy and Sports Performance (PPT) Medical History

(Federal regulations require a medical history to be included in your medical chart)

Patients Name: _____ Date: _____

Date of injury/surgery: _____ Job related? YES NO
Accident related? YES NO

Chief complaint: _____

Do you have/or ever had any of the following:

Diabetes	Yes	No	Sensitive Heat/Ice	Yes	No
High Blood Pressure	Yes	No	Currently Pregnant	Yes	No
Heart Disease	Yes	No	Other Allergies	Yes	No
Heart Attack	Yes	No	Previous Surgery	Yes	No
Pacemaker	Yes	No	Hernia	Yes	No
Headaches (chronic)	Yes	No	Seizures	Yes	No
Kidney Problems	Yes	No	Metal Implants	Yes	No
Nervous Disorders	Yes	No	Cancer	Yes	No
Visual/hearing Impairments	Yes	No	Peripheral Neuropathy	Yes	No
Numbness	Yes	No	Tingling	Yes	No

Other health condition(s) past or present: _____

List Relevant Surgeries: _____

Are you presently taking any medication? Yes _____ No _____

Medication Name	Condition
1. _____	_____
2. _____	_____
3. _____	_____
4. _____	_____
5. _____	_____
6. _____	_____

Patient Primary Care Doctor:

Doctor Name: _____ Address: _____

Phone: _____ Fax: _____

The above information is correct and complete to the best of my knowledge, information and belief

Patient Signature

Date

Premier Physical Therapy and Sports Performance (PPT) HIPAA Information and Consent Form

The Health Insurance Portability and Accountability Act (HIPAA) provides safeguards to protect your privacy. Implementation of HIPAA requirements officially began on April 14, 2003. Many of the policies have been our practice for years. This form is a "friendly" version. A more complete text, as amended, is posted in the office and is available upon request.

What this is all about: Specifically, there are rules and restrictions on who may see or be notified of your Protected Health Information (PHI). These restrictions do not include the normal interchange of information necessary to provide you with office services. HIPAA provides certain rights and protections to you as the patient. We balance these needs with our goal of providing you with quality professional service and care. Additional information, illustrations and the full complete law, which includes educational videos, are available from the U.S. Department of Health and Human Services. www.hhs.gov

We have adopted the following policies:

1. Patient information will be kept confidential except as is necessary to provide services or to ensure all administrative matters related to your care are handled appropriately. This specifically includes the sharing of information with other healthcare providers, laboratories, and health insurance payors as is necessary and appropriate for your care. Patient files may be stored in open file racks and will not contain any coding which identifies a patient's condition or information which is not already a matter of public record. The normal course of providing care means that such records may be left, at least temporarily, in administrative areas such as the front office, examination room, etc. Those records will not be available to persons other than office staff. You agree to the normal procedures utilized within the office for the handling of charts, patient records, PHI and other documents or information.
2. It is not the policy of this office to remind patients of their appointments. If, however, we choose to do so, we may do this by telephone, e-mail, U.S mail, or by any means convenient for the practice and/or as requested by you. We may send you other communications informing you of changes to office policy and new technology which you might find valuable or informative.
3. The practice utilizes a number of vendors in the conduct of business. These vendors may have access to PHI but must agree to abide by the confidentiality rules of HIPAA and have been offered Business Associate Contracts to execute.
4. You understand and agree to random inspections of the office and review of documents which may include PHI by government agencies or insurance payors in normal performance of their duties.
5. You agree to bring any concerns or complaints regarding privacy to the attention of the HIPAA Compliance Officer or the physical therapist. If you do not believe your complaints are being heard or acted upon you may contact HHS.
6. Your confidential information will not be used for the purposes of marketing or advertising of products, goods or services.
7. We agree to provide patients with access to their records in a timely manner in accordance with state and federal laws.
8. We may change, add, delete or modify any of these provisions to better serve the needs of both PPT and the patient.
9. You have the right to request restrictions in the use of your protected health information and to request change in certain policies used within the office concerning your PHI. However, we are not obligated to alter internal policies to conform to your request.

I, _____, do hereby consent and acknowledge my agreement to the terms set forth in the HIPAA INFORMATION FORM and any subsequent changes in office policy. I understand that this consent shall remain in force from this time forward even though amendments may be enacted.

DATED: _____

Medical Information Release Form

(HIPAA Release Form)

Name: _____ Date of Birth: ____/____/____

Release of Information

I authorize the release of information including the diagnosis, records; examination rendered to me and claims information. This information may be released to:

Spouse _____

Child(ren) _____

Other _____

Information is not to be released to anyone.

This ***Release of Information*** will remain in effect until terminated by me in writing.

Messages

Please call my home my work my cell

Number: _____ If unable to reach me:

you may leave a detailed message/email

please leave a message asking me to return your call

The best time to reach me is (*day*) _____ between (*time*) _____

You may also email me at: _____

Signed: _____ Date: ____/____/____

Witness: _____ Date: ____/____/____

Informed Consent for Physical Therapy Services

The purpose of physical therapy is to treat disease, injury and disability by examination, evaluation, diagnosis, prognosis, and intervention by use of rehabilitative procedures, mobilization, massage, exercises, and physical agents to aid the patient in achieving their maximum potential within their capabilities and to accelerate convalescence and reduce the length of functional recovery. All procedures will be thoroughly explained to you before you are asked to perform them.

Response to physical therapy intervention varies from person to person; hence, it is not possible to accurately predict your response to a specific modality, procedure, or exercise protocol. PPT does not guarantee what your reaction will be to a specific treatment, nor does it guarantee that the treatment will help resolve the condition that you are seeking treatment for. Furthermore, there is a possibility that the physical therapy treatment may result in aggravation of existing symptoms and may cause pain or injury. It is very important to communicate with your treating physical therapist throughout your treatment.

It is your right to decline any part of your treatment at any time before or during treatment, should you feel any discomfort or pain or have other unresolved concerns. It is your right to ask your physical therapist about the treatment they have planned based on your individual history, physical therapy diagnosis, symptoms, and examination results. Consequently, it is your right to discuss the potential risks and benefits involved in your treatment.

I have read this consent form and understand the risks involved in physical therapy and agree to fully cooperate, participate in all physical therapy procedures, and comply with the established plan of care. I authorize the release of my medical information to appropriate third parties.

Patient Signature

Patient Name

Date